

**One Stop Drop®** *A little drop to show you care™.*

## **Head Lice Information Sheet**

*Control Head Lice Stress with One Stop Drop.*

**One Stop Drop™ Essential Oil Blend Concentrate is made from a very special blend of high quality pure essential oils: containing Lavender, Eucalyptus and Melaleuca (Tea Tree). Together, their qualities provide an alternative for a wide range of health conditions, including the control and management of HEAD LICE.**

One Stop Drop is 100% natural alternative for many minor ailments including: coughs\*, colds\*, bites, stings, stress, tension, head lice and even headaches. It is available in an easy to use drop dispenser bottle and comes with a Quick Reference User Guide for your ease and convenience. **For active control of Head Lice and many other practical applications use One Stop Drop Essential Oil Blend Concentrate.**

*How do I know if I have Head Lice? Head Lice may be present if you notice regular itching of the scalp, scalp irritation, or on inspection you may find small parasitic creatures of about 1- 2mm in length in the hair close to the scalp. They may be sandy/brown or grey in colour. Small eggs may be present on hair shaft near the scalp and be sandy/brown or silvery white. Head Lice have very strong claws and cling onto the hair very tight. They may also be very difficult to see. If you are at all suspicious of the presence of Head Lice or wish to manage head lice infestation, please follow the instructions below.*

### **Instructions for the use of One Stop Drop in Head Lice Management:**

**Ongoing Maintenance:** *Use for general maintenance and mild cases of head lice, until under control.*

**For kids 6 years and under:** Add 3 Drops to a normal portion of each of your shampoo and conditioner (approx. 20ml),

**Kids (7-12 years):** Add 6 drops to a regular portion of shampoo and conditioner,

**Adults:** Add 12 drops to a regular portion of each of your shampoo and conditioner,

**then** blend together in your hand immediately prior to shampooing/ conditioning your hair. Then simply wash your hair as normal. Use weekly to ensure effective management of head lice. May be done 2<sup>nd</sup> daily if any head lice are evident. If active Head Lice and eggs are present within 2-3cm of the scalp, please use the **Intensive Hair Serum** described below.

*(\*Not to be used in children under 2 years of age without medical advice)*

*(Dosages as on the back of the blister pack, please note children's doses under "Directions for use in children" at the bottom of the pack).*

**Intensive Hair Serum:** *For use in progressed or persistent cases of head lice; when active head lice and eggs are present.*

**Add: 10 drops for kids 6 yrs & under or 20 drops for kids 7-12 yrs or 30 drops for adults to 50ml of vegetable oil** (eg. Cold pressed olive oil, canola, macadamia, etc), **stir and apply to dry hair.**

Leave in for at least 30 minutes then remove by shampooing hair as normal. You will need to wash hair twice to remove all of the oil. On the second wash add One Stop Drop to both shampoo and conditioner as mentioned in "Ongoing Maintenance" above or your One Stop Drop User Guide on the back of the pack, then **repeat Intensive Hair Serum again in one week.** \*This serum also acts to deeply condition your hair and you will notice that it becomes soft and shiny and much more vibrant!

**As an extra precaution:** You may wish to continue to shampoo and condition hair using One Stop Drop Essential Oil Blend Concentrate in both shampoo and conditioner **every 2<sup>nd</sup> day** whilst in between Intensive Hair Serums<sup>?</sup>.

### **Minimise Head Lice stress with One Stop Drop!**

**\*\*Please note: Re-infestation can sometimes occur and this does not mean that the treatment that you are using has not worked. Also, some eggs are very persistent and rebound breakouts can occur. Most eggs will loosen and move down the hair shaft after an Intensive Hair Serum, rendering them inactive. \*For added assurance remove all visible eggs after each treatment. Regular hair washing as suggested with One Stop Drop will catch any remaining or difficult to find eggs as they hatch.**

**Washing your bed linen, hats, etc.** It is a good idea to wash all linen and hats if active Head Lice are present. When doing your normal load of washing simply add 8 drops of your One Stop Drop Oil Concentrate, along with your regular washing powder into warm to hot water and choose a long wash cycle. Your linen will have a beautiful lingering smell of luxurious French Lavender. Enjoy the calming and soothing effects of One Stop Drop while you sleep.

**Precautions:** Use only as directed. Always read the label. Please keep out of reach of children. Never use undiluted.

\*Not to be used in children under 2 years of age without medical advice. Discontinue if any adverse reaction occurs and contact your health care professional if symptoms persist. Always avoid eye area. Not to be taken.

***Choose Health, Choose Natural, Choose Safety for your family™.***

**\*If you have any questions or queries regarding One Stop Drop®, including use in pregnancy, please phone the One Stop Drop Information Hotline on 1300 362 141 (for the cost of a local call) or visit our website at:**

**[www.onestopdrop.com.au](http://www.onestopdrop.com.au)**