

Children and the safe use of Essential Oils.

One Stop Drop is One Stop Drop Essential Oil Blend Concentrate™ and its Quick Reference User Guide allows you to use essential oils in a safe and controlled way, as many family ailments present. For children's ailments the remedy does not even need to be applied directly to the skin, but onto pyjama tops, a tissue or as an inhalant remedy. Minimal amounts of this remedy can be used, and only as it is required.

Essential Oils need to be respected; they have powerful healing properties and should be used sparingly and with knowledge and awareness. One Stop Drops User Guide located on the back of the packaging ensures safe use for everyone. The One Stop Drop Information Hotline also gives the public access to a fully qualified Emergency Nurse and Clinical Aromatherapist.

Here is some information when using Essential Oils with children:

Essential Oils should not be used on children under 2 years of age without medical advice (as advised by the TGA- Therapeutic Goods Administration). Caution should also be taken for pregnant women (as mentioned on the label). There are a number of reasons for this:

- A baby's liver and kidneys are not fully functioning until after 2 years of age and are still developing up to the age of 7, making their ability to process and remove essential oils from the body inhibited. Essential Oils will stay in the body system for longer periods of time. One Stop Drop provides you with alternative doses for children of all ages.
- When water based creams, solutions and soaps containing essential oils are used, especially on large surface areas (eg. All over the body) the dilution of essential oil becomes stronger. When combined with vegetable oil bases, the essential oils bind to the like molecules, controlling a more stable dilution.
- When body lotions are used that contain silicone and mineral based products the essential oils may bind to these components, making it difficult for the body to recognise them. The body's ability to excrete them becomes impaired.
- When many soaps and lotions are used on babies, they may create a barrier on the skin. Baby's skin pores are relatively small. The skin is one of our excretory organs where we release foreign substances from the body. When a baby's skin is continually covered with lotions or soaps, pores may become blocked. Therefore essential oils are passing into the body and the lotion is inhibiting their excretion when the body is ready to release them.

With babies and children, lesser dilutions should always be used even with medications. One Stop Drop gives you safe guidelines for the changing dilution requirements of children of all ages.

Essential Oils have powerful healing properties and these days are tending to be over used to "perfume" a lot of everyday products. One Stop Drop is a gentle blend of 3 age-old remedies: Lavender, Eucalyptus and Melaleuca (Tea Tree) that together compliment each other's actions. It has been carefully blended to minimise any potential for over exposure or over use. The safe use of all 3 essential oils in One Stop Drop has been enjoyed for many years. It is our aim to help families to both enjoy and benefit from their subtle healing capabilities.

You can always feel assured; One Stop Drop uses only the highest quality pure essential oils in this remedy. One Stop Drop is also listed with the TGA (Therapeutic Goods Administration). Families have been using One Stop Drop for many years now for the safe and effective management of many minor ailments, and feel empowered every day with understanding and professional support, to ensure the health and safety of all that use it. Combine this with the minimisation of other side effects linked to many pharmaceutical alternatives, and with One Stop Drop, you can feel confident when making choices for your family.

One Stop Drop® Essential Oil Blend Concentrate™

One Stop Drop is a 100% natural alternative for many minor ailments including: Coughs, Colds, Bites, Stings, Stress, Tension and even Head Lice.

For more information or orders please visit www.onestopdrop.com.au or phone the One Stop Drop Information Hotline on 1300 362 141.

Ask today about our great fundraising opportunities.

Fiona Cuthbert O'Meara is a qualified Emergency Nurse, Aromatherapist, Natural Therapist and Clinical Consultant to One Stop Drop.

Questions? Phone the One Stop Drop Information Hotline (for the cost of a local call) on **1300 362 141** or by email on info@onestopdrop.com.au

One Stop Drop® is available now at selected IGA supermarkets, Pharmacies, Health Food Shops & Beauty Salons.

Phone now for a stockist near you or visit our website at www.onestopdrop.com.au